

# Sabin SUN School

Fall 2025



## What is SUN School?

Sabin SUN, a program of Self Enhancement, Inc. (SEI) aims to improve the lives of children, their families and the community by extending the school day and developing Schools as “neighborhood hubs” by brining in resources from the community.

## Is SUN daycare?

NO. While SUN does offer free extended day programming, it should not be looked at as free daycare. SUN does not run consistently throughout the school year. It only runs Monday to Thursday in 8-week increments. Enrollment is also not guaranteed as we often have more students sign-up then we have slots for and carry a wait-list.

## Is there a cost to SUN?

No! All classes are free.

## How does registration work?

Classes will be filled on a Lottery basis, with priority given to students with academic Risk factors (Save a SUN Spot students). This means that placement will be random, but ultimately left up to the discretion of SUN staff. Request forms can be turned into the SUN box in the main office.

**NOTE– ALL families must fill out a digital SEI/SUN registration form once they’ve received a confirmation email that their student got into SUN.**

## What is Save a SUN Spot?

We ask teachers to help us identify students who would benefit the most from SUN. Many of these students need extra academic support. This system ensures all students receive an equitable opportunity to participate in SUN.

## Is Fall registration open to all grades?

No. Fall Registration is only open to **Grades 1-5 Only**.

### Staff Contact Information:

#### **Rachel Carpenter**

SUN Site Manager

[rachelc@selfenhancement.org](mailto:rachelc@selfenhancement.org)

#### **Vicky Thomas**

Environmental Educator

[vthomas@pps.net](mailto:vthomas@pps.net)

*Located @ Sabin K-5 School*

4013 NE 18th Ave  
Portland, R 97212

**Phone:** (503) 916-6181

[www.pps.net/sabin](http://www.pps.net/sabin)

### **Important Dates:**

Request Forms due:

**Friday, September 19th by 3pm**

All forms can be turned in

to the **SUN box** in the **SABIN**

**OFFICE** or **EMAILED** to Rachel

[rachelc@selfenhancement.org](mailto:rachelc@selfenhancement.org)

Confirmation schedules out:

**Friday, September 26th**

Fall SUN Session:

**October 6th—Dec. 11th**

### **NO SUN:**

Oct. 22nd, Oct. 30th

Nov. 1th,

Nov. 24th-28th

Dec. 10th



**PORTLAND PARKS & RECREATION**

Healthy Parks, Healthy Portland

### **Important SUN Dates:**

<b>Registration:</b>	LOTTERY Registration—all forms due by <b>3pm September 19th, 2025</b>
<b>Where:</b>	SUN box in the main office - or emailed to Rachel: <a href="mailto:rachelc@selfenhancement.org">rachelc@selfenhancement.org</a>
<b>Confirmation:</b>	Confirmation information will be EMAILED on September 26th, 2025
<b>Fall Session:</b>	Monday, October 6th—Thursday, December 11th, 2025

### **Important SUN Notes:**

- A 15-minute recess period is built into the SUN school schedule. Pick-up this term will be in the gym. You must sign your student out with the Site Manager before leaving.
- If your student is in Grade 4 or 5, they may self release—ONLY if parent permission has been given to Site Manager. Permission must be in written form. Rachel can be reached at [rachelc@selfenhancement.org](mailto:rachelc@selfenhancement.org).

### **Notes about late pick-up—PLEASE READ!!**

We understand that emergencies arise. We also understand that traffic can be challenging or hectic, but we do expect all children to be picked up on time. **When your child is picked up late, our staff is required to remain working and therefore, unable to attend to commitments of their own.**

The third late pick-up (10 minutes or more) will result in three weeks off from SUN school. Please be considerate of our staff in following the program times, with the exception of an extreme emergency. Late pick-up notifications will be emailed to you the following day. ***YOU MUST SIGN THAT YOU UNDERSTAND AND AGREE TO THIS POLICY FOR YOUR CHILD TO ATTEND SUN.***

### **SUN BEHAVIORAL EXPECTATIONS**

The safety and well-being of all participants and staff is of utmost importance. To ensure safety in SUN Community Schools, we require that all participants be able to follow all three of the following criteria.

1. Be age appropriate for the activity/program
2. Be able to maintain safe behavior during the activity. This means that they can participate without harming themselves or others. Specific behaviors include:
  - Treating adults and other students with respect,
  - Following directions of adult instructors and coordinators,
  - Remaining in the assigned room until dismissal,
  - Engaging in safe, non-violent behavior.
3. Participate meaningfully in the activity and not disrupt or distract others.

If issues arise, the following process is to be followed:

1. Remind student of class expectations.
2. Give verbal warning that continuation of behavior will lead to removal from the activity.
3. Remove student from the activity for some time out with the SUN Site Manager.
4. SUN Site Manager will discuss behaviors with the student to determine if they are able to return to the activity. If a student is sent to the Site Manager a second time, the student will receive a written warning and be sent home for the day.

Written Warning Consequence Progression

1. First Written Warning: SUN manager phones parents/guardians to notify them that their student must leave SUN programming for the day but may return the next day.
2. Second Written Warning: SUN manager phones parents/guardians, student is sent home and may not return for the week

# Class Schedule

**Fall Term:** October 6th—December 11th, 2025

**Grade Level** italicized under title of class

REQUEST FORM ON BACK

	Monday	Tuesday	Wednesday	Thursday
2:30-4:00pm	<p>OPEN TO:</p> <p><b>GRADES 3rd, 4th, 5th</b></p> <p><b>Chess 4 Success (20)</b> 3-5 / Learn strategy and challenge your friends to matches. <b>(THIS IS A MON/WED CLASS. Chess for Success continues through the Winter term )</b></p> <p><b>Art (15)</b> 3-5/ Students will explore a variety of art media and be introduced to basic art techniques. This class places an emphasis on having fun while exploring creativity.</p>	<p>OPEN TO:</p> <p><b>GRADES: 1st, 4th, 5th</b></p> <p><b>LEGO Club(12)</b> 4-5 / Show your creativity as you build LEGO creations! Each week will offer free play (with project ideas) and sets.</p> <p><b>Ethos—Guitar (8)</b> 4-5/ Start from ground zero and begin learning how to play songs the right way. Brought to you through a partnership with Ethos music center.</p> <p><b>Wiggle Worms (15)</b> 1/ Fall Garden fun for the little ones! Get to know Sabin's Garden Educator, Ms. Vicky!</p>	<p>OPEN TO:</p> <p><b>GRADES: 1st, 2nd, 3rd, 4th &amp; 5th</b></p> <p><b>Chess 4 Success (20)</b> 3-5 / Learn strategy and challenge your friends to matches.</p> <p><b>Spanish (14)</b> 1-2/ Learn meaningful phrases in Spanish in this play-based class. Brought to you through a partnership with Adventures in Spanish</p> <p><b>Hip Hop Dance (12)</b> 1/ Children are introduced to the concepts of music, rhythm and movement. Brought to you through a partnership with Tiny Dance Life.</p> <p><b>Theatre (14)</b> 4-5/ The perfect introduction to theatre skills! Brought to you through a partnership with NW Children's theatre.</p>	<p>OPEN TO:</p> <p><b>GRADES: 2nd, 3rd, 4th, 5th</b></p> <p><b>SEI Basketball (12)</b> 4-5/ Come join the SEI co-ed basketball team and play against other SEI SUN Schools! <b>(THIS CLASS will continue in the Winter)</b></p> <p><b>LEGO Club(12)</b> 2-3/ Show your creativity as you build LEGO creations!</p> <p><b>Junior Naturalists (14)</b> 3-4/ Students will dig, plant, water, pick and explore nature. Students will also create treats made w/fresh ingredients from the garden.</p> <p><b>Soo Bahk Do (15)</b> 2-4/This martial arts class introduces students to the traditional Korean art of Soo Bahk Do. Experienced instructors will lead kids through fun drills and structured practice to build confidence.</p>
4:00-4:45pm	<p><b>Homework Help (6)</b> 3-5/ Class gives students support with homework. This is also a time for reading and winding down.</p>	<p><b>Homework Help (6)</b> 3-5/ Class gives students support with homework. This is also a time for reading and winding down.</p>	<p><b>Homework Help (6)</b> 3-5/Class gives students support with homework. This is also a time for reading and winding down.</p>	

## Adult and Family Classes:(free!)

**Family Pickleball:** Mondays, 4:30-5:30pm in the Gym

Pickup pickleball games for the whole family!

**Adult Zumba:** Thursdays, 6:30-7:30pm in the Gym

Latin-inspired fun and fitness! Exercises include music with fast and slow rhythms, as well as resistance training.

Adult and Family classes follow the SUN term dates—unless otherwise noted.